



## What Should I Bring?

Here is a list of the items that you should bring with you to English Today. Please bring enough clothes with you to last for the entire duration of your stay. You will not be able to wash your clothes while you are here. British weather can change very quickly so bringing a variety of clothing is a good idea!

### Clothes

- Tops
- Jeans/Trousers
- Jumpers
- Underwear And Socks
- Waterproof Jacket
- 3 Changes Of Suitable Sports Kit
- Swimming Costume
- Tracksuit Bottoms
- Indoor Sports Shoes
- Outdoor Sports Shoes
- Everyday Shoes
- Pyjamas

### Toiletries

- Toothbrush
- Toothpaste
- Shampoo
- Shower Gel
- Deodorant
- Small Towel
- Big Towel
- Hairbrush/Comb
- Sunscreen (If Coming In Hotter Months)

### Other Items

- Camera (Or Camera-Phone)
- Headphones
- Pencil-Case And Stationary
- A Book To Read
- Medicine
- Phone/Camera Charger
- Plug Adaptor
- British Money
- A List Of Addresses (To Send Postcards To)

Please bring any medication you may need to take while you are here but it is very important that you tell us and/or your teachers what medication you take (and how often).

We advise that you do not bring any valuable items with you such as laptops and large amounts of money.